

TEXAS LIONS MD-2 OPPORTUNITIES FOR YOUTH CONTESTS

DIABETES AWARENESS ESSAY

2019 – 2020

“DIABETES 101”

ESSAY SUBJECT:

It is estimated that 415 million people are living with diabetes in the world, which is estimated to be 1 in 11 of the world's adult population. 46% of people with diabetes are undiagnosed. The figure is expected to rise to 642 million people living with diabetes worldwide by 2040. With so many people living with diabetes more than ever it is important that the topic of diabetes continues to be at the forefront of our daily lives. In this year's Diabetes Awareness Essay, Contestants are asked to research and write about the different types of diabetes to get a greater understanding of symptoms, causes, risk factors, and long-term complications of having diabetes. The essay should also identify medical treatments as well as lifestyle choices that can help individuals manage their diabetes.

CONTEST RULES:

- a. The Title of the Contestant's essay is not required to be the same as the Subject for the essay. Contestants should be creative in the selection of an essay title and set the tone for their presentation with the title they choose.
- b. The essay should analyze the problem given in the subject and present a solution or solutions to the problem.
- c. The topic is broad and allows the contestants considerable leeway in the selection of their solution or solutions.
- d. Creative, innovative, practical and reasonable ideas are welcome.
- e. Each Contestant shall personally research, write and read his/her contest essay.
- f. Research for this topic can be conducted by interviewing physicians, nurses, medical professionals, community and organization works, etc., and by using the internet and library. The essay shall be a written article, to be read by the Contestant, to be judged by a panel of judges in competition with other Contestants.
- g. The essay shall not exceed 1500 words.
 - i. All words in the essay are counted including articles, conjunctives and pronouns. Examples: "I," "a," "the," "and" and "an." Provide word count on last page of essay.
 - ii. The essay must include a bibliography of alphabetized sources used in its composition. Note: the bibliography is not included in the 1500 word count.
 - iii. Essay should be typed in double space format.
 - iv. Copy of Essay shall be emailed to State Contest Coordinator

h. The following criteria shall be used for judging the essays:

i. Sixty percent (60%) of the score shall be based on the authenticity, current information and an application of the assigned essay topic.

ii. Twenty-five percent (25%) of the score shall be based on the understandability of the essay through personal presentation techniques, in the use of posture, eye contact and voice by its modulation, volume, speed and clarity.

iii. Fifteen percent (15%) of the score shall be based on grammar, spelling, sentence structure, pronunciation, enunciation, correct word usage, and relationship to the assigned essay topic.

i. Video equipment may not be used in contests.

NOTE:

Once a Student has committed to entering the contest, there are other Responsibilities the Student must meet and Forms to fill out such as an Official Application, Code of Conduct Guidelines, Two (2) high quality wallet/passport photographs (such as current school picture) that are of the head and shoulders, glossy and in color and other Forms to be provided once Student registers as a Contestant.

If the Student wins at the local level – Lake Travis Lions Club, he/she must agree to continue to the next level(s) of Competition.

Lake Travis Lions Club Winner = \$100

District 2s3 Winner = \$1,000 First Place \$500 Second Place

MD2 Texas State Winner = \$3,000 First Place \$2,000 Second Place \$1,000 Third Place

DEADLINES:

Submit Essay to **Lake Travis Lions by December 17, 2019** – judging will take place on this date at their Evening Meeting at Maudie’s Tex-Mex Hill Country. The Judges will be knowledgeable about the Medical aspect of diabetes. One of the judges will be an Educator knowledgeable about the English Language, its grammar, sentence structure, pronunciation and correct usage. The public is invited to be in the audience and to support the Contestants.

The **Winner** will go on to compete in the District 2s3 Level, January 2020 Time & Location = TBA

The **District Winner** will go on to compete in the Lions MD-2 Texas State Convention in Longview, TX on May 14-17, 2020

FOR FURTHER INFORMATION AND FOR FORMS once a student has committed to competing, please contact:

Lake Travis Lions Club
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